# MPX | Poxvirus

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#### Patient information

- 27 yo male presenting w/rectal pain, anogenital lesions
- Physical examination revealed painful lymphadenopathy, macular rash in the inguinal area
- Recent international travel and attendance at large gathering in Europe
- Disclosed unprotected sexual intercourse with previously unknown partner. Sexual partner notified him that he tested positive for MPX





### Patient information

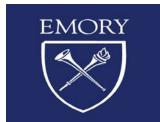
Patient was seen in an Urgent Care 72 hours previously and treated

for HSV



Anogenital Rash

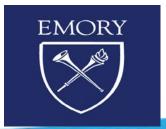




### Patient Stable and Discharged to Home

- Asked to isolate at home until lesions crust over
- Contacted by the state health department within 24-48 hours





#### Clinical Presentation Differences

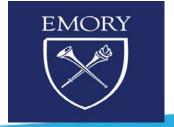
#### Historically:

- Initial prodrome of fever, malaise, headaches, lymphadenopathy
- Followed by rash 1-3 days later
- Rash progression macule  $\rightarrow$  papule  $\rightarrow$  vesicle/pustule  $\rightarrow$  crusting  $\rightarrow$  resolution

#### **Current:**

- Prodrome often mild or absent
- Patient presentations can be confused with STIs with rashes largely limited to the anogenital lesions
- Patients presenting with isolated proctitis





### Clinical Presentation Differences

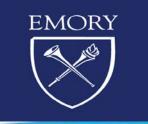
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#### **Current:**

- Prodrome often mild or absent
- Patient presentations can be confused with STIs with rash limited to anogenital region in some patients
- In other patients the rash is present in multiple stages at once and lesions are not as deep-seated as previously described
- Patients presenting with isolated proctitis



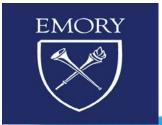


### How to Identify MPX

- High index of suspicion in the following situations:
  - New disseminated or genital rash
    - Especially concerning if accompanied by new lymphadenopathy
- New/unexplained rash that includes vesicular or pustular lesions
- New/unexplained proctitis, especially if accompanied by rash
- Any of the above with an epidemiologic risk factor\*:
  - Recent international travel
  - Recent attendance at raves or other large gatherings, especially in Europe or Canada
  - Recent unprotected sexual intercourse, particularly in MSM patients
  - Recent sexual intercourse with a partner who had skin lesions
  - Recent close contact with a patient diagnosed with MPX

\*Absence of these risk factors does NOT exclude the diagnosis.





#### Transmission

- Skin to Skin contact
- Skin contact with contaminated linens/towels
- Respiratory droplets via prolonged face-to-face contact
- Ensure that the patient:
  - Is masked (surgical/procedure mask at minimum)
  - Is in a private exam room with the door closed
  - Has all skin lesions covered to the extent possible with clothing, a gown, and/or a sheet
- Ensure that any staff/providers entering the room wear appropriate PPE (N95, eye protection, gown, gloves)

## Thank You



